

Build Your Food Storage with only \$5 a Week

- Week 1: 6 lbs salt
 - Week 2: 5 cans Cream of Chicken Soup
 - Week 3: 20 lbs sugar
 - Week 4: 8 cans tomato soup
 - Week 5: 10 lbs flour
 - Week 6: 6 lbs macaroni
 - Week 7: 20 lbs sugar
 - Week 8: 8 cans tuna
 - Week 9: 6 lbs yeast
 - Week 10: 10 lbs flour
 - Week 11: 8 cans tomato soup
 - Week 12: 20 lbs sugar
 - Week 13: 10 lbs powdered milk
 - Week 14: 7 boxes macaroni & cheese
 - Week 15: 10 lbs flour
 - Week 16: 5 cans cream of chicken soup
 - Week 17: 1 bottle 500 multi-vitamins
 - Week 18: 10 lbs. powdered milk
 - Week 19: 5 cans cream of mushroom soup
 - Week 20: 10 lbs flour
 - Week 21: 8 cans tomato soup
 - Week 22: 20 lbs sugar
 - Week 23: 8 cans tuna
 - Week 24: 6 lbs shortening
 - Week 25: 10 lbs flour
 - Week 26: 5 lbs honey
 - Week 27: 10 lbs powdered milk
 - Week 28: 20 lbs sugar
 - Week 29: 5 lbs peanut butter
 - Week 30: 10 lbs flour
 - Week 31: 7 boxes macaroni & cheese
 - Week 32: 10 lbs powdered milk
 - Week 33: 1 bottle 500 aspirin
 - Week 34: 5 cans cream of chicken soup
 - Week 35: 10 lbs Flour
 - Week 36: 7 boxes macaroni & cheese
 - Week 37: 6 lbs salt
 - Week 38: 20 lbs sugar
 - Week 39: 8 cans tomato soup
 - Week 40: 10 lbs flour
 - Week 41: 5 cans cream of chicken soup
 - Week 42: 20 lbs sugar
 - Week 43: 1 bottle 500 multi-vitamins
 - Week 44: 8 cans tuna
 - Week 45: 10 lbs flour
 - Week 46: 6 lbs macaroni
 - Week 47: 20 lbs sugar
 - Week 48: 5 cans cream of mushroom soup
 - Week 49: 5 lbs honey
 - Week 50: 20 lbs sugar
 - Week 51: 8 cans tomato soup
 - Week 52: 10 lbs flour
- *Remember some of these items have a short shelf life. ROTATE